



# HILLSIDE

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## DRUG ABUSE CHECK LIST

### BEHAVIOR & PSYCHOLOGICAL CHANGES:

Easily Angered       Legal Troubles       Increased Opposition To Authority  
 Paranoia

Depressive Moods       Changes in Eating Habits       Trouble Sleeping or  
Excessive Sleeping

Increasingly Withdrawn From Family       Decline in School       Truancy        
Compulsiveness

Defiance Toward Parents       Hyperactivity       Increased Sexual Activity        
Risky Behaviors

Changes in Self Perception (Decrease/Increase Self Esteem)       Suicidal Ideations  
(Mentions Suicidal thoughts, preoccupation with death or occult practices)

Changes in Personal Hygiene       Rapid Eye Movement       Bloodshot Eyes        
 Self or Animal Mutilation

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NOTE: This list is not intended to be exhaustive or exclusive of all symptoms, however, should you become aware of changes in your teen, especially a distinctive sweet or bitter smell on their clothing, breath or excessive red eyes, seek professional help.